

PropSki Packing List

Travel Essentials:

- Your Nuco e-Tickets
- Money
- Passport
- Insurance details (if you have your own insurance)
- EHIC Card

PropSki Specifics

- Business cards for EG Networking

Ski/Snowboard equipment (if bringing your own):

- Ski boots/snowboard boots
- Skis/snowboard (in ski bag)
- Poles
- Day rucksack
- Helmet
- Transceiver, shovel and probe(if heading off piste)
- Water bottle or Camelback
- Multi-tool for repairs or adjustments on the go

Ski/Snowboard clothing

- Warm hat/beanie
- Sunglasses
- Goggles
- Neck warmer
- 2x thermal tops
- 2x fleeces
- Waterproof ski jacket
- Waterproof ski trousers/Salopettes/Ski Pants
- Waterproof gloves or mittens
- Thermal bottoms
- 2 or 3 pairs of ski/board socks

Other clothes:

- Jeans/long trousers/warm skirts/dresses
- T-shirts/tops
- Jumper or fleece
- Underwear including socks
- Comfy trousers/jogging bottoms
- Slippers
- Normal gloves
- Scarf
- Shoes/boots with a good grip

Other stuff:

- Pyjamas
- Toiletries including toothbrush
- Sunscreen - high SPF
- Lipsalve/balm with SP
- Aftersun/moisturiser
- Mobile phone and charger
- Camera and charger
- Travel plug adaptor
- iPod/iPad and headphones
- Make up
- Any medication (including painkillers)
- Alarm clock
- Ear plugs
- Handbag
- Towel
- Swimwear for the pool and sauna
- Luxuries:
- Walkie-talkies
- Travel pillow
- Video camera / GoPro
- Hair dryer
- Hair straighteners
- Cards/games
- Boot warmers
- Hand warmers
- Ankle/knee/wrist supports
- Deep Heat/muscle soaks
- Hip flask

Remember:

It might be worth telling your bank that you are going abroad